

Additional Information

Continuing Education Units (CEU)

Certificates will be issued from the University of Maryland – Baltimore for all offered CISM courses for the number of contact hours and continuing education units.

Additional CEUs may be available for other courses.

Registration: Course registration requires the submission of a completed registration form and full payment for the course, when required. Online registration is available through the KCCRB website. Information on course payment will be sent with the registration confirmation.

If you are unable to attend a course after registering, your payment will become a credit for a future course. No refunds will be given unless the KCCRB cancels the course.

Attendance: Registrants must attend the full course in order to receive a certificate of completion. Certificates for partial hours will not be issued.

Schedule Changes: Due to the nature of these courses, it is important to have enough participants to make the course a quality training experience. Early registration is encouraged. KCCRB reserves the right to reschedule any course if registrations are low.



For More Information

Email

kccrb.training@gmail.com

Website

kccrb.ky.gov

You can find us on



Kentucky Community Crisis Response Board

Kentucky's lead agency for crisis response

Crisis Intervention Training

Tel: 502 607 5781

Course Descriptions

Assisting Individuals in Crisis

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. (\$150; 13 Contact hours)

Group Crisis Intervention

This two-day course is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed. (\$150; 14 Contact hours)

These courses may be offered together as a 3-day course, covering all the material described above. (\$250; 27 Contact Hours)

Pastoral Crisis Intervention

Pastoral Crisis Intervention may be thought of as the combination of faith-based resources with traditional techniques of crisis intervention. Pastoral crisis intervention represents a powerful addition to traditional community and organizational psychological support resources. The purpose of this two-day course is to assist the participants in learning how pastoral interventions and traditional psychological crisis

interventions may be effectively integrated. Chaplains, pastoral counselors, mental health professionals, ministers, and anyone interested in the use of faith-based resources in healing should find this course of interest. (\$150; 13 Contact hours)

Pastoral Crisis Intervention II

This course builds on the foundations of ICISF’s “Pastoral Crisis Intervention” class. More specific advanced concepts and specific field applications where pastoral crisis intervention is applied will be covered. Confirmation of full attendance in ICISF’S course “Pastoral Crisis Intervention” is a prerequisite to attend this class. A copy of your certificate for ICISF’s “Pastoral Crisis Intervention” class indicating full attendance (13 Contact Hours) must be submitted with registration. (\$150; 13 Contact hours)

These courses may be offered together as a 3-day course, covering all the material described above. (\$250; 26 Contact Hours)

More information on these International Critical Incident Stress Foundation (ICISF) courses can be found at <https://icisf.org/sections/education-training/course-descriptions/>

Psychological First Aid Online

PFA online includes a 6-hour interactive course that puts the participant in the role of a provider in a post-disaster scene. This professionally-narrated course is for individuals new to disaster response who want to learn the core goals of PFA, as well as for seasoned practitioners who want a review. It features innovative activities, video demonstrations, and mentor tips from the nation’s trauma experts and survivors. This course is offered by the National Child Traumatic Stress Network (NCTSN) and can be accessed at <http://learn.nctsn.org>.

Psychological First Aid-II

This four-hour course is designed to introduce psychological first aid concepts, specifically the SAFER-R model of crisis intervention, at the community level. Participants will learn how to recognize stress reactions in individuals after a traumatic event, such as a disaster. **FREE**

Resiliency Training – First Responders

This 2.5 hour course is a pre-incident training for emergency service personnel. In the aftermath of a critical incident, whether man-made or natural, stress reactions are common reactions to difficult events. Emergency service personnel experience events that may include tragedy, death, serious injuries, or threatening situations. These critical events have the potential to strain their usual coping skills. The physical and psychological well-being of those experiencing this stress, as well as their future ability to function through a prolonged response, will depend upon how they manage this stress. Pre-incident training will help prepare individuals to cope with critical incidents and the reactions they may experience. This training is currently available or fire, law, EMS and dispatch. **FREE**

Resiliency Training – Significant Others

This 2.5 hour course is designed for spouses and significant others who are married to, living with or dating someone in law enforcement or the fire service. The challenges of being a law enforcement officer or fighter can cause considerable stress and challenges for the significant other as well as impact the relationship. This training will prepare spouses and significant others to recognize the realities of being in the relationship, identify keys to a successful relationship, recognize their own reactions and self-care needs, and recognize the signs for when and how to seek outside help. **FREE**