

SERVICES

Critical incidents or traumatic events can be overwhelming events that happen unexpectedly. Critical incidents may cause unusually strong emotional reactions which have the potential to interfere with individual's ability to work safely or function normally.

Critical Incident Stress Management (CISM) is intended to help individuals exposed to critical incidents to identify and cope with their responses to these events. The goal is to reduce the adverse impact of the critical incident before it negatively affects family, work, and self.

CISM is a multi-faceted, multi-component program offering various intervention strategies appropriate for the type of incident, the nature of the incident, number of individuals impacted, and other extenuating circumstances.

HELP FOR YOUR COMMUNITY

Recognizing the potentially powerful impact of these events on emergency responders, disaster relief workers and impacted communities, the Kentucky Community Crisis Response Board (KCCRB) promotes effective recovery efforts by assisting individuals and groups in:

- ▶ Understanding critical incident stress
- ▶ Supporting normal reactions
- ▶ Developing adaptive problem solving and coping skills
- ▶ Providing information, referrals and networking services

Pre-Incident Education

- ▶ Organizational consultation
- ▶ Crisis planning and preparedness
- ▶ In-service training

Intervention Services

- ▶ On-scene support
- ▶ Peer counseling
- ▶ Risk assessment
- ▶ CISM services

Recovery

- ▶ Community follow-up
- ▶ Networking with local/regional support systems
- ▶ Transition acute crisis response to long-term recovery efforts

KCCRB & KCCRT

▶ KCCRB provides leadership, education, training, consultation and support services to prepare and support the Commonwealth to respond to and recover from critical incidents and disasters.

▶ KCCRB is a free, confidential State resource that provides trained, credentialed peer professionals to support first responders, schools, industry/businesses and communities.

▶ Our team is available to collaboratively work to support a community's local crisis response services. An agency may consider contacting KCCRB when the local resources are limited or exhausted and are unable to meet the assessed need for services.

▶ The Kentucky Community Crisis Response Teams (KCCRT) role in any event is at the direction of the agency that is requesting our services. We work collaboratively with the agency to assess the need for a crisis response team, assist in identifying the local capabilities and any gap in desired services.

Emergency Services Personnel

Emergency services personnel face stressful events every day, but extraordinary events, such as line-of-duty serious injuries, deaths or prolonged incidents, can result in stress responses that interfere with even an experienced individual's ability to function.

School Communities

- ▶ Administrators, teachers, support staff, students and parents may experience strong emotional and psychological reactions following tragic events, such as:
- ▶ Death or serious injuries of students, teachers or staff
- ▶ Bus accidents, fires or explosions
- ▶ Natural or man-made disasters
- ▶ Violent or hostage situations

Business and Industry

- ▶ Employees and supervisors may experience strong emotional and psychological reactions following:
- ▶ Sudden death of co-worker
- ▶ Suicide or homicide
- ▶ Serious workplace injury to self or staff
- ▶ Violent or hostage situations

Disaster Survivors

The overall range of stress goes far beyond the immediate impact of the initial destruction. Some may experience reactions that will cause enough distress to interfere with adaptive coping and may:

- ▶ Affect individuals emotionally
- ▶ Change relationships
- ▶ Disrupt work
- ▶ Cause financial worry

Specialized Strike Teams

KCCRB maintains specialized strike teams to provide peer support to identified groups of professionals

KYLEAP:

Kentucky Law Enforcement Assistance Program
Statewide law enforcement peer support team

KESPS:

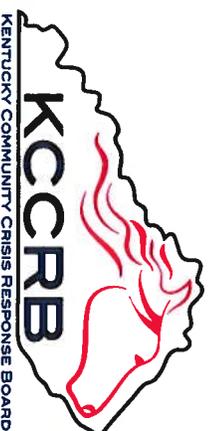
Kentucky Emergency Services Peer Support Team
Statewide peer support team for firefighters, dispatchers, and EMS personnel

Family Support Team:

Statewide peer support team for spouses/significant others of first responders

K9 Compassion Strike Team

Specialized crisis response K9 teams used to support responses



To Request Services

Office

502-607-5781

Toll Free - 24 hours a day

888-522-7228

For More Information

Email

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Website

kccrb.ky.gov

You can find us on



Kentucky's Lead Agency for Crisis Response