

Available Training for Law Enforcement and spouses/significant others:

Resiliency Training

This 2.5 hours course is designed to be a pre-incident training course for law enforcement personnel. In the aftermath of a critical incident, whether man-made or natural, stress reactions are the normal response of a healthy person to an abnormal situation. The personnel responding to critical incidents or disasters will see and experience events that may include witnessing or experiencing tragedy, death, serious injuries and performing their duties in threatening situations. These critical events have the potential to strain their usual coping skills. The physical and psychological well-being of those experiencing this stress, as well as their future ability to function through a prolonged response, will depend upon how they manage this stress. Resilience training will help prepare individuals to cope with critical incidents and the reactions that they may experience. **Free.**

Training can be scheduled at your department as an in-service training. Contact the office for additional information.

When the Person You Love Is a Law Enforcement Officer

This 2.5 hours course is designed for spouses and significant others of a Law Enforcement Officer. In the aftermath of a critical incident, stress reactions, while a normal response to a difficult situation, can take its toll not only on the Law Enforcement Officer, but it can cause considerable stress and challenges on loved ones.

These critical events have the potential to strain not only their usual coping skills, but also the coping skills of those who love them. The physical and psychological well-being of those experiencing this stress will depend upon how they manage this stress.

This training will help prepare spouses and significant others to recognize their own reactions and self-care needs, needs of the family, and identify when help is indicated for their loved one and for themselves. **Free.**

These trainings can be requested by using the Training Request form available [here](#) or on our [website](#).

Command staff and supervisors recommend support services following these and other significant events.

Indications for CISM

- Line of Duty Death
- Line of Duty Injury
- Multi-Casualty Incident
- Use of Deadly Force
- Suicide of an Officer
- Event Involving Children
- Knowing the Victim
- Excessive Media Interest
- Prolonged Incident
- Natural Disasters
- Terrorism
- Any other overwhelming event



To Request Services

Office

502-607-5781

Toll Free - 24 hours a day

888-522-7228



Kentucky Law Enforcement Assistance Program



Confidential Peer Support

A program of the
**Kentucky Community Crisis
Response Board (KCCRB)**

*Kentucky's Lead Agency for
Crisis Response*

Kentucky Law Enforcement Assistance Program (KYLEAP)

The Kentucky Law Enforcement Assistance Program (KYLEAP) provides the entire spectrum of services from pre-incident training, acute crisis response, and post incident support to law enforcement officers across the Commonwealth. KYLEAP functions as a specialized peer support team within the KCCRB. KCCRB recruits, trains and credentials experienced law enforcement professionals to be peer members of the statewide KYLEAP team. The team receives training in providing multi-component critical incident stress management (CISM) interventions and suicide intervention and prevention training.

Purpose: *To provide CISM services during the acute phase following a critical incident to prevent the destructive effects of emotional trauma, job related stress, and accelerate recovery from critical incidents before stress reactions negatively impact an officer's performance, career, health and family.*

KYLEAP Member Qualifications

1. Minimum of 5 years law enforcement experience
2. In good standing with a law enforcement agency
3. Available and willing to respond when requested
4. Involvement in a critical incident
5. Letter of Support from agency leadership certifying the officer's ability to participate in training and response activities

Any person who has received an adverse action, an unfavorable fitness for duty evaluation, notice(s) of performance problems/deficiencies, or an overall unsatisfactory performance rating shall not be eligible for consideration

Training Requirements

- a. IS-700 Introduction to NIMS
- b. ICS-100 Introduction to ICS
- c. KYLEAP Orientation
- d. Assisting Individuals in Crisis
- e. Group Crisis Intervention
- f. Suicide Awareness and Assessment Training

Team Membership levels are based on education requirements, regional involvement, and KYLEAP response experience. Team members may advance to leadership levels by taking additional KCCRB classes, attending quarterly meetings, and meeting higher level requirements. Each volunteer is credentialed to serve in 4 year renewable terms.

If you would like to continue with KYLEAP after 4 years on the team, you are welcome to complete a Renewal Packet. In order to renew, you will be required to detail 30 hours of Continuing Education acquired over the 4 years of team membership. All trainings offered through KCCRB count towards Continuing Education and are free for team members. In addition, many KCCRB trainings qualify towards Continuing Education Units, KLEC. More information about trainings can be found under the [Training](#) tab on the KCCRB website.



M. Dossett



Services Provided

- Individual Peer Counseling
- Defusings
- Debriefings
- Demobilizations
- On-Scene Support
- Family and Significant Other Support
- Pre-Incident Education
 - Command Staff Training
 - In-Service Training
 - Risk Assessment
 - Crisis Planning and Preparedness
 - Post Incident Follow-up

For More Information

Email kccrb1@gmail.com **Website** kccrb.ky.gov

You can find us on

