

Support Services are Recommended Following These Types of Significant Events:

- Line of Duty Death
- Line of Duty Injury
- Multi-Casualty Incident
- Suicide of a Co-worker
- Event Involving Children
- Knowing the Victim
- Excessive Media Interest
- Prolonged Incident
- Natural Disasters
- Terrorism
- Any Other Overwhelming Event

Kentucky Emergency Services Peer Support (KESPS)

Purpose: Provide critical incident stress management services during the acute phase following a critical incident to prevent the destructive effects of emotional trauma, job-related stress, and to accelerate recovery before stress reactions negatively impact an individual's performance, career, health, and family.

The Kentucky Emergency Services Peer Support (KESPS) provides the entire spectrum of services from pre-incident training, acute crisis response, and post incident support to emergency services personnel across the Commonwealth. KESPS is a specialized strike team within the Kentucky Community Crisis Response Board (KCCRB). KCCRB recruits, trains, and credentials experienced emergency services personnel (ESP) to be peer members of the statewide KESPS team. The team receives training in providing multi-component critical incident stress management (CISM) interventions, and suicide awareness and assessment training.

KESPS Team Member Requirements

1. Minimum 5 years of experience in emergency services
2. In good standing with an emergency services agency
3. Available and willing to respond when requested
4. Involvement in a critical incident
5. Letter of support from the applicant's agency leadership, certifying the ESP's ability to participate in training and response activities

NOTE: Persons with an adverse action, an unfavorable fitness for duty evaluation, notice(s) of performance problems/deficiencies, or an overall unsatisfactory performance rating are not eligible for consideration.



Team Member Training Requirements:

- a. IS-700 Introduction to NIMS
- b. ICS-100 Introduction to ICS
- c. KESPS Orientation
- d. Assisting Individuals in Crisis
- e. Group Crisis Intervention
- f. Suicide Awareness and Assessment

Training Opportunities for Emergency Services Personnel and Spouses or Significant Others:

Protecting Our First Responders

This 2.5 hours course is designed to be a pre-incident training course for emergency services personnel. Emergency services personnel routinely work in environments consisting of chaos, trauma, and violence. The cost for helping others in their time of need can be: fatigue, nightmares, headaches, cumulative stress, depression, PTSD and suicide. This course will help prepare emergency service personnel to cope with critical incidents and the reactions that may be experienced.

When the Person You Love Works in Emergency Services

This 2.5 hours course is for spouses and significant others of emergency services personnel.

This training provides information on how to maintain strong family relationships and provides tips and resources to help families understand and manage the mental and physical stressors facing emergency services personnel.

This free training helps spouses and significant others to recognize: the realities of a relationship with an emergency services professional; successful relationship keys, their own reactions and self-care needs, and the signs of when and how to seek outside help.

NOTE: These free classes can be provided at your department as an in-service training. Contact KCCRB for additional information.

Services Provided

- Defusings
- Critical Incident Stress Debriefings
- Demobilizations
- On-Scene Support
- One-on-One Support
- Peer Counseling
- Family and Significant Other Support
- Pre-Incident Education
 - Command Staff Training
 - In-Service Training
 - Risk Assessment
 - Crisis Planning and Preparedness
 - Post Incident Follow-up



“Responders Supporting Responders”

To Volunteer
or
Request Assistance

Contact:

Kentucky Community Crisis Response Board

Office: (502) 607-5781

(888) 522-7228

(24 hours a day)

or

Email: kccrb1@gmail.com

Web Site: www.kccrb.ky.gov



Confidential, Caring, Free

**Kentucky Community Crisis
Response Board**

**Kentucky's Lead Agency
for Crisis Response**

