



Kentucky Emergency Services Peer Support (KESPS)



Leadership Support Certification

Emergency services agencies make a significant investment in selecting mentally and emotionally healthy individuals as part of their hiring process. Emergency services leadership can protect and enhance that investment by various methods aimed at promoting wellness. One effective strategy for stimulating a culture of psychological wellness within an agency is supporting the development and maintenance of the Kentucky Emergency Services Peer Support (KESPS) program, a peer support program of the Kentucky Community Crisis Response Board (KCCRB).

The purpose of the KESPS peer support team is to provide critical incident stress management (CISM) services following a critical incident to prevent the destructive effects of emotional trauma, job related stress, and to accelerate recovery from critical incidents before stress reactions negatively impact an Emergency Services Personnel (ESP) performance, career, health, and family.

KESPS team members are required to:

- Complete the following training courses:
 - Online training (5.5 hours):
 - IS-700 - Introduction to the National Incident Management System
 - ICS-100 - Introduction to the Incident Command System
 - Instructor-led, classroom training (35 hours / 4 days)
 - KESPS Orientation
 - Assisting Individuals in Crisis
 - Group Crisis Intervention
 - Suicide Awareness and Assessment training
- Available to respond to requests for peer support services
- Participation in quarterly team meetings (can be done virtually)
- Participation in continuing education/training opportunities

By signature, you certify that _____ has the support of
Name of Applicant

_____ to fully participate in the KESPS team.
Print Name of Emergency Services Agency

Supervisor Name Printed

Title

Supervisor Signature

Date