Kentucky’s Lead Agency for Crisis Response Since 1996
I am pleased to offer the fiscal year 2019 annual report from the staff of the Kentucky Community Crisis Response Board (KCCRB). With January, 2018 marking my tenth year as the Executive Director, I am proud of the numerous accomplishments KCCRB and the team have achieved.

I would like to take this opportunity to highlight a few significant events that occurred during the fiscal year 2019. First was KCCRB’s participation in a national level functional preparedness exercise titled Shaken Fury along with Alabama, Arkansas, Illinois, Indiana, Missouri, Mississippi, Tennessee and FEMA Regions IV, V, VI and VII. The exercise scenario was a major earthquake occurring along the New Madrid and Wabash Seismic Zones causing major damage throughout the 8 Central United States Earthquake Consortium (CUSEC) states, resulting in widespread, catastrophic damage to infrastructure and disruption to all areas of daily activity. Disaster behavioral health is an integral part of the overall public health and medical preparedness, response, and recovery system. It includes the interconnected psychological, emotional, cognitive, developmental, and social influences on behavior, mental health, and substance abuse, and the effect of these influences on preparedness, response, and recovery from disasters or traumatic events. Behavioral factors directly and indirectly influence individual and community risks, health, resilience, and the success of emergency response and recovery strategies and public health measures. Therefore, KCCRB’s role as the state coordinating agency for disaster behavioral health services is instrumental in Kentucky’s overall success in response and recovery from disasters. During the preparation leading up to the exercise and during the week long functional exercise, KCCRB facilitated an unprecedented 100% participation of the 14 regional community mental health centers (CMHC) across the commonwealth.

The Shaken Fury exercise also presented an opportunity for KCCRB to launch a new secure web-based application that integrates multiple databases and communications platform to support planning, response, command and communications for the agency. It is designed for fast, efficient access to information, as well as the ability to plan, coordinate, direct and communicate with multiple persons, groups and agencies. The new communication platform allowed KCCRB staff to effectively coordinate disaster behavioral health services throughout exercise, receive real time situational awareness reports from team members and CMHC, and maintain timely communications with both internal and external partners. The documented success of the test of this new communications system has resulted in KCCRB implementing it.
into all office operations including team application submission, response coordination, team communications and membership management.

In closing, I would like to extend my sincere appreciation to all our team members for their dedication and commitment in providing exceptional crisis response services. KCCRT provided services to over 850 first responders and community members throughout the commonwealth during this fiscal year.

Deborah

Our Mission

To promote resilience in all citizens of the Commonwealth following a disaster or critical incident through pre-incident preparedness training and post–incident reduction of disabling stress by recruiting, training, and maintaining a statewide credentialed team of regional response ready volunteers to provide critical incident stress management.

Our Vision

KCCRB will be an extensively recognized community resource that provides crisis intervention services and will be fully integrated into emergency response plans developed for the Commonwealth.

Our Team
Kentucky Community Crisis Response Board

Board of Directors

Pursuant to KRS 36.255, the KCCRB is a separate administrative body of state government with specific board membership. The KCCRB Board of Directors for Fiscal Year 2019 is listed below.

<table>
<thead>
<tr>
<th>Member</th>
<th>Agency / Discipline Representation</th>
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<tbody>
<tr>
<td>Sherri Clusky, Chair</td>
<td>Department of Education</td>
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<tr>
<td>Travis Tennill, Vice-Chair</td>
<td>Emergency Services</td>
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<tr>
<td>Wayne Hener</td>
<td>Mental Health – Clinical Director</td>
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<tr>
<td>Alex Payne</td>
<td>Kentucky State Police</td>
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<td>Charles Scheffler</td>
<td>Department for Behavioral Health, Developmental and Intellectual Disabilities</td>
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<td>Bob Kerr</td>
<td>Mental Health</td>
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<td>Donna Woodward</td>
<td>Mental Health</td>
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<tr>
<td>John Gosper</td>
<td>Emergency Services</td>
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<tr>
<td>Lana Grandon</td>
<td>Office of the Attorney General</td>
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<tr>
<td>Elizabeth Caywood</td>
<td>Department of Community Based Services</td>
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<tr>
<td>Helen Ostien</td>
<td>American Red Cross—Kentucky Region</td>
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<tr>
<td>Richard Peddicord</td>
<td>Kentucky State Fire Marshal</td>
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<tr>
<td>Stephanie Robey</td>
<td>Division of Emergency Management</td>
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<tr>
<td>Jim House</td>
<td>Department of Public Health</td>
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<tr>
<td>Billy Bratcher</td>
<td>Local CISM Team</td>
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<tr>
<td>Allen Canterbury</td>
<td>Chaplain’s Association</td>
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Total Incidents: 54  
Total Intervention Services Provided: 176  
Total Individuals Receiving Services: 855

Throughout Fiscal Year 2019, the majority of responses involved critical incidents. This past year saw a 9% increase in response requests with a 15% decrease in the intervention services provided. While first responders (fire, law, dispatch, and EMS) once again accounted for the major of individuals assisted the number increased from 47% in FY18 to 53% in FY19. The chart below shows the various demographics served by the KCCRT.
The Fiscal Year started off with intervention services being provided for a critical incident that occurred at the end of FY2018. That incident is not reflected in the FY2019 incidents however, the intervention services and demographics served are reflected as the interventions were provided in FY2019.

The response data shows that more than one-half of all responses were for first responder agencies. Additionally, one of the four (4) “Community / Family” responses involved the spouse of a law enforcement officer.

The next page provides additional information on the types of incidents leading to a request for the KCCRT.

More than 130 hours of interventions were provided in FY 2019.

98% of the responses were critical incidents

- 70% involved a death
- 22% involved children under 18
- 15% involved multiple fatalities
- 7% were officer involved shootings

Disciplines assisted were:

- Firefighters (228)
- School personnel (188)
- Law Enforcement (122)
- All others (317)

KYLEAP and KESPS peer teams responded to 35% of the response requests.
The chart above illustrates the general type of incident for which the KCCRT responded. The majority of responses were for a death, as noted above.

The chart below provides more detailed information on the primary cause of the incident types listed above. All of the general response types above are due to one of the causes shown below.
KCCRB offered various training options throughout the year. These trainings were conducted either through instructor-led trainings or online. KCCRB also participated in training exercises across Kentucky.

46 Classroom trainings

- 16 – Pre-incident
- 8 – Peer Support Team Training
- 8 – CISM
- 3 – Preparedness
- 1 – Disaster Behavioral Health Plan

15 Exercises

- 5 – CSEPP
- 4 – Armed Aggressor
- 3 – Earthquake
- 2 – Aviation
- 1 – Tornado

KCCRT Member Trainings

- 24 Quarterly trainings
- 1 Annual Team Training
- 10 Online trainings
KCCRB Significant Events

In November 2018, the KCCRB participated in a WHAS11 series on stress and PTSD in first responders. KYLEAP member and Radcliff Police Officer, Jeremy Davis, and Deborah Arnold were interviewed for the series. The series aired in the Louisville media market in December 2018.

The 2019 Annual Team Training focused on assisting first responders. The conference provided attendees an opportunity to hear from subject matter experts and individuals with personal experience.

Jo Terry, widow of Retired Assistant Covington Fire Chief Chip Terry, was the Keynote Speaker for the Friday Session.

Dr. Joe Bargione and Deana Lucas Caldwell, Psy.S., NCSP, co-presented on assisting schools after critical incidents.

Brittney Thomas, a Heath High School shooting survivor, educated the audience on best practices for assisting youth after a critical event and what types of reactions can happen in later years.

Dr. Fred Sandler, Regional Program Manager for the FBI Employee Assistance Unit, discussed the FBI team structure and how CISM interventions are provided by the FBI team.

Autumn Merriss, LCSW and Law Enforcement spouse, spoke to the audience about working with families of first responders.

Kelly Preston, a retired dispatcher and widow of a 20-year police veteran, spoke on the impacts of PTSD on first responders and their families.
Beginning on May 31, 2019, the KCCRB participated in Shaken Fury 2019, a 10-day functional exercise. In addition to Kentucky the exercise involved nine (9) other states, four (4) FEMA Regions, and numerous interagency partners. The KCCRB exercised a new communication platform called ReadyOp. Information was sent to and received from KCCRT members and Community Mental Health Centers (CMHCs) in real time. The KCCRB also brought in members of the K9 Compassion Strike Team one afternoon to demonstrate the amazing work done by these teams.
KCCRB Contacts

<table>
<thead>
<tr>
<th>Staff Member</th>
<th>Position</th>
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<tbody>
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KCCRB Staff

111 St. James Court, Ste. B
Frankfort, KY 40601
(in the same building as Kentucky State Board of Hairdressers)

Office Phone: 502-607-5781
Fax: 502-607-5786

Requests for crisis intervention services following a critical incident can be made by a person of authority at any time. To make a request for KCCRB services, please call the 24-hour Response Request Line to be connected to the on-call coordinator.

888-522-7228

Website: www.kccrb.ky.gov

KCCRB Sites

KCCRB KCCRB KCCRB KCCRB