

## KCCRT All Hazards Field Manual

# Review

Satisfactory completion of this review with a score of 85 or higher will qualify KCCRT Members to receive three (3) hours of six (6) hours on KCCRT All Hazards Field Manual required for team membership. Each question is worth 5 points. Read the manual and circle or write in the correct answer.

1. An event is considered a disaster/mass trauma event if it is of sufficient severity and magnitude to warrant disaster assistance to supplement the resources of states, local governments and disaster relief organizations in alleviating damage, loss, hardship and suffering.
  - a. True
  - b. False
2. The role of the KCCRT/Disaster Outreach Personnel is to provide direct services only to people impacted by the event. All indirect services are provided by therapists.
  - a. True
  - b. False
3. Upon deployment, KCCRT members who conduct onsite assessment and provide psychological first aid may do so in these locations:
  - a. Shelters, meal sites, respite centers, disaster recovery sites, lines, roadblocks, first aid stations;
  - b. Hospitals, schools, community centers, places of worship;
  - c. Police and fire departments, emergency operation centers, incident command center;
  - d. All of the above.
4. When working in a disaster environment, the intervention goals are:
  - a. Alleviate distress; Facilitate effective problem-solving;
  - b. Recognize and address pre-existing psychiatric or other health conditions in the context of the demands of the current stressor;
  - c. Provide psycho-educational information regarding post-trauma reactions and coping strategies;
  - d. All of the above
5. The Incident Command System (ICS) is a standard, all-hazard incident management concept and is interdisciplinary and organizationally flexible to meet the needs of incidents of any kind, size, or level of complexity. Utilizing ICS, personnel from a variety of agencies can meld rapidly into a common management structure.
  - a. True
  - b. False
6. As an active preparedness, response and recovery agency, KCCRB utilizes the ICS and will follow the protocol of the National Incident Management System (NIMS).
  - a. True
  - b. False
7. Psychological First Aid means the application of three basic concepts:
  - a. Connect, console and encourage;
  - b. Console, normalize and connect;
  - c. Protect, direct and connect;
  - d. Engage, counsel and direct.
8. In serving populations with special needs after a terrorist or mass-trauma event, assessment should include review of three (3) elements. List them.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_

9. In the approaches for Stress Prevention & Management for First Responders, which dimension addresses using time off to “decompress” and “recharge batteries?”
  - a. Management of workload;
  - b. Balanced lifestyle;
  - c. Stress reduction strategies;
  - d. Self-awareness.
  
10. Pre-incident education is only done immediately after an incident and just prior to a formal defusing.
  - a. True
  - b. False
  
11. When KCCRB Staff or KCCRT Regional Team Coordinators put KCCRT Members on “stand-by,” it means:
  - a. Be prepared to respond to a particular crisis or disaster;
  - b. Go to incident staging area and stand-by for further instructions;
  - c. Meet Regional Team Coordinator at the KCCRB Offices;
  - d. None of the above.
  
12. The most common intervention utilized anytime during a prolonged event or post event is psychological first aid utilizing the SAFER Model. Identify the phases of the SAFER Model.
  - a. Sort, Acknowledge, Find family members, Encourage processing of emotions, Restore or Refer
  - b. Stabilize, Acknowledge, Facilitate, Encourage, Restore or Refer
  - c. Stabilize, Accentuate the positive, Facilitate transportation, Explore past traumas, Reinforce past learning
  - d. Stop, Accommodate special needs, Facilitate processing affect, Engage active participation, Refer
  
13. Individual KCCRT members only self-deploy when?
  - a. When available but not being utilized;
  - b. When asked by law enforcement or emergency management;
  - c. KCCRT Members never self-deploy;
  - d. Only when at least two other KCCRT Members self-deploy with them.
  
14. Crisis Management Briefing or Informational Briefing is a four-phase group intervention. List them.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
  
15. In assessment and triage, the type of \_\_\_\_\_ determines which team members will be deployed.
  
16. In a defusing, the group should be a small, \_\_\_\_\_ work group of directly impacted persons.
  
17. The purpose of the Psychological Debriefing Group Crisis Intervention is to: \_\_\_\_\_, facilitate \_\_\_\_\_, or facilitate \_\_\_\_\_ to \_\_\_\_\_.
  
18. Crisis means an event that has the potential to create \_\_\_\_\_.
  
19. The three stages of a Team Debriefing are: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.
  
20. Team Members who do not have a current KCCRT Identification Badge may not be allowed access into the area they have been deployed to in a large-scale event.
  - a. True
  - b. False

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This review was completed on (date) \_\_\_\_\_ and submitted by:  
 Team Member Name: \_\_\_\_\_ Signature: \_\_\_\_\_  
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