



# KCCRT CONNECTION

July 2016

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## IMPORTANT REMINDERS

- Access KHELPS to add new contact info if it has changed: <https://kentuckyhelps.com/>
  - Be sure to notify the [Team Program Coordinator](#) of any changes.
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## NEWS FROM KCCRB

- **KCCRB wishes Jocelyn good luck** as she and her family move to Vermont. Jocelyn's last day will be July 29. Please join us in wishing her success and happiness.
  - **We Need Your Help!** Team, we want you to take advantage of our scheduled courses so we offer them at no cost to our members in good standing. Please understand that when you register for a course, we are counting on you to keep that commitment, unless something unexpected comes up that makes it impossible to attend. We count the registrations to determine whether or not there are enough attendees to hold the class, then we pay the course fees and buy the materials – all in advance of the class being held. Recently, we held a class that half of the registrants did not show. Only a few of them contacted us prior to the class to say they could not come. All of the people who did not show were team members. This greatly impacted the training for everyone else. So, when you register for training, please take it as seriously as we do and follow through with the commitment.
  - **Be sure to check Training Schedule.** See below or check <http://www.kccrb.ky.gov/train/>
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## THE ART OF RESPONDING

### PREPAREDNESS

What does preparedness have to do with responding? Everything!

**Pre-incident preparedness includes being ready personally and professionally.**

On a personal level, if we are about to respond on a large-scale incident or disaster, it will be very important to know the safety and care of our family (including pets) has been tended to ahead of time. Are emergency supplies stocked, both in our home and in our vehicles? Our stress levels will be so much lower if we pre-plan and are personally prepared.

Professionally as a crisis team member, our go bag should always be ready, and our credentials handy. It is equally important that we have the needed training, and have practiced the interventions (like at quarterly team training), so we can feel confident about the services we are providing.

Preparedness going into a response includes getting our mind focused on the business at hand. It is very helpful to new and seasoned members to go over the intervention cards prior to meeting with the impacted group. This should be very easy with the new *Intervention Pocket Guides* handed out at conference. (If you did not attend conference, these guides and a thumb drive with all necessary documents will be taken to quarterly team trainings.)

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## REGIONAL NEWS

- **Response Stats – June 1 – June 30, 2016**

Region 2: Incidents: 1	Response Services: 3
Region 4: Incidents: 1	Response Services: 3
Region 5: Incidents: 3	Response Services: 10
Region 12: Incidents: 1	Response Services: 3

*Continued* means responses were done for incidents that took place in the prior month.  
*Response services include one-on-ones, group interventions and consultations.*



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## QUARTERLY REGIONAL TEAM TRAINING

Reg. 01	7/28/2016	6:00pm cst	Four Rivers Behavioral Health, 1539 Cuba Rd Mayfield KY 42066
Reg. 01	10/27/2016	6:00pm cst	Four Rivers Behavioral Health, 1539 Cuba Rd Mayfield KY 42066
Reg. 02	9/8/2016	5:30pm cst	Pennyroyal MH Board, 607 Hammond Plaza, Hopkinsville, KY
Reg. 03	8/19/2016	6 pm cst	Bowling Green, KY 42101
Reg. 03	11/18/2016	6 pm cst	Bowling Green, KY 42101
Reg. 04	8/26/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 04	12/2/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 05	9/19/2016	6:00pm	Hardin Co. EMS, 1450 Rineyville Road, Elizabethtown, KY
Reg. 05	11/21/2016	6:00pm	Nelson Co. Sheriff's Office, 210 Plaza Drive Bardstown, KY 40004
Reg. 06	8/11/2016	6:30pm	LMPD Training Academy, 2911 Taylor Blvd, 2nd Floor (Classroom B), Louisville, KY 40208
Reg. 06	TBA	6:30pm	MFPD1, 108 Urton Lane, Louisville, 40229
Reg. 07	8/16/2016	6:00pm	Cathie's, Edgewood, KY 41017
Reg. 07	11/15/2016	6:00pm	Cathie's, Edgewood, KY 41017
Reg. 08	7/12/2016	6:00pm	Morehead Fire Dept . Station 2, 3175 Flemingsburg Rd., Morehead, KY 40351
Reg. 08	10/11/2016	6:00pm	Morehead Fire Dept. Station 2 3175 Flemingsburg Rd., Morehead, KY 40351
Reg. 09	9/12/2016	1:00pm	Prestonsburg, KY
Reg. 09	12/12/2016	1:00pm	Prestonsburg, KY
Reg. 10	8/26/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 10	12/2/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 11	7/14/2016	6:00pm	Lex. Fire Training Center, 1375 Old Frankfort Pike Lexington
Reg. 11	10/13/2016	6:00pm	Lex. Fire Training Center, 1375 Old Frankfort Pike Lexington
Reg. 12	8/8/2016	6:00pm	KCCRB, 111 St. James Ct., Suite B, Frankfort, KY
Reg. 12	11/14/2016	6:00pm	KCCRB, 111 St. James Ct., Suite B, Frankfort, KY

***If you cannot get to your regional training, it is highly recommended you try to attend an adjacent region's training if at all possible. The training materials are the same for all regions.***

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## MEMBERSHIP

- **WELCOME NEW MEMBERS:**
  - Michelle Borjas (Region 2 & 3, BH)
  - Eileen Arnold (Region 3, BH)
- **We are always recruiting for new members.** Please contact KCCRB to refer any friends or co-workers to the team.

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## TRAINING SCHEDULE

Register for training by going to training website at <http://kccrb.ky.gov> and clicking on REGISTER NOW. Complete

<b>Aug. 18</b>	<b>Psychological First Aid-II</b>	<b>Somerset</b>
<b>Sept. 6-8</b>	<b>Assisting Individuals &amp; Group Crisis Intervention Combo</b>	<b>Hopkinsville Tentative</b>

Sept. 13-17	<b>Assisting Individuals &amp; Group Crisis Intervention Combo</b> <i>* Current LEO Team Members only. Subject to seat availability.</i>	Frankfort
Oct. 5-7	<b>Pastoral Crisis Intervention I &amp; II Combo</b>	Morehead
TBD	<b>Assisting Individuals &amp; Group Crisis Intervention Combo</b>	N. KY
TBD	<b>PFA-II</b>	Bardstown
TBD	<b>Group Crisis Intervention</b>	Etown
TBD	<b>PFA-II</b>	Prestonsburg
TBD	<b>Pastoral Crisis Intervention I &amp; II Combo</b>	Somerset

**Group and Individual Crisis Intervention Courses are required for Level 2.**

If you took either of these classes prior to 2010, we recommend you take a refresher.

**Courses are being scheduled now.**

**[Check the Training Calendar for Complete List!](#)**

Links for all online courses at **[KCCRB Online Training](#)**

Check the **[Team Levels and Training Matrix](#)** for training clarification.

### **[PREPAREDNESS TIPS & RESOURCES](#)**

[Recommended Earthquake Safety Actions](#) (Updated)

[Resources for K-12 – Good Stuff!](#)

[Seven Steps to Earthquake Safety for Home and Family](#)

### **[KCCRT LINKS](#)**

[KCCRB Email](#)

[KCCRB WEBSITE](#)

[KCCRB Ongoing Education](#)

[Response Availability Page](#)

[Training Calendar](#)

### **[HELPFUL LINKS](#)**

[Kentucky Re-Entry Directory](#)

[Be Prepared: Build a Kit](#)

[Accessible Emergency Info](#)

[Sign Language](#)

[Google Translate - Desktop](#)

### **[STAY CONNECTED LINKS](#)**

[FACEBOOK](#) (for team members only)

[KHELPS](#)

TEXT MESSAGE (Important Info Blasts) Text 40404 with message "Follow KCCRT1"

[TWITTER](#) (Important Info Blasts)

[YouTube Recommended Videos](#)

### **[THERE'S AN APP!](#)**

[PFA MOBILE](#)

[SAMHSA BEHAVIORAL HEALTH RESPONSE DISASTER APP](#)

[Google Translate – Play Store](#)

[iTranslate](#) for Apple – available free iTunes

[SayHi Translate](#) for Apple

<https://itunes.apple.com/us/app/sayhi-translate/id437818260>

Tabletop: <https://appsto.re/us/oo4wl.i>

Kentucky Community Crisis Response Board  
111 St. James Ct., Suite B, Frankfort, KY 40601  
502.607.5781

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Did you miss the previous issues? Visit <http://kccrb.ky.gov/about/newsletters/>