



KCCRT CONNECTION

March 2016

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IMPORTANT REMINDERS

- **Register for Annual Conference!** We have been working for months to create a dynamite conference & exercise experience for you this coming May 20-21st! Please take a few minutes to register for the Conference. Be sure to mark it in your calendar so you don't miss **USE IT OR LOSE IT!**
 - **Access KHELPS** to add new contact info if it has changed: <https://kentuckyhelps.com/>
 - **Be sure to notify the Team Coordinator** of any changes.
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USE IT OR LOSE IT!

Practice Makes the Master

Annual Team Conference

May 20-21, 2016

**Begins: 1 pm Friday, May 20. Register at Old AASF Hanger,
Boone National Guard Center, Frankfort, KY**

Check 2/12/16 Email for your invitation. Contact us if you didn't receive it.

Follow Registration instructions to register for:

1) CONFERENCE

- a. Team Members: [2016 Annual Team Conference](#)
- b. Coordinators: Check your Email.

2) HOTEL

- a. Listed under Kentucky Community Crisis Response, Group number 1373.
 - b. *Lodging provided Friday night at the Capitol Plaza Hotel*
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NEWS FROM KCCRB

- **TRAVEL FOR RESPONSES:** Mileage will be reimbursed at the current state reimbursement rate for travel to and from response locations. Members must complete and mail in the Mileage Voucher found on the website in the left panel at: <http://kccrb.ky.gov/team/TeamMemberResources.htm> See instructions in the sample voucher.
 - **REGULATION ON TRAVEL EXPENSE AND REIMBURSEMENT** from the Commonwealth of Kentucky Finance and Administration Cabinet Office of the Controller
 - The mileage reimbursement rate for Jan. 1 – March 31, 2016 is 39¢ per mile. The reimbursement rate is determined using the American Automobile Association (AAA) Daily Fuel Gauge Report for Kentucky for regular unleaded gasoline. The gasoline cost used for the calculation is located on the AAA website at <http://198.6.95.31/KYavg.asp>.
 - The rate shall be adjusted on January 1, April 1, July 1, and October 1 each calendar year based on the average retail price of regular grade gasoline for the week beginning on the second Sunday of the prior month as follows:

AAA Average Weekly Fuel Cost	Reimbursement Per Mile
\$.01 to \$1.499	36 cents per mile
\$1.50 to \$1.699	37 cents per mile
\$1.70 to \$1.899	38 cents per mile
\$1.90 to \$2.099	39 cents per mile
\$2.10 to \$2.299	40 cents per mile
Greater than \$2.299	41 cents plus 1 cent for every 20 cent increase
 - Mileage for in-state travel shall be based on the “Kentucky Official Highway Map”, mileage software or MapQuest website. Out-of-state mileage shall be based on the most recent edition of the “Rand McNally Road Atlas”, mileage software or MapQuest website. **(NOTE: It is not based on Google Maps.)** Section 4(a) and Section 8(2)(d) of the revised travel regulations
- **Be sure to check Training Schedule.** See <http://www.kccrb.ky.gov/train/>

THE ART OF RESPONDING

For those of us with Smart Phones, we have surely discovered they are usually smarter than us, and can be a great help. We can keep files and refer to them when needed. We can access resources via the internet. We can add responses and quarterly team training to our calendar so we never miss them. How wonderful!

How then can we use our cell phones during KCCRT responses?

The official answer is simply... we cannot. It is a good idea to put a copy of the interventions in a phone file so we can review the planned interventions before we go into the room where interventions will be done. Once we cross that imaginary line into the intervention location, cell phones need to be off and put away. Setting the phone on vibrate will not work because it is still distracting, even if it is in our pocket.

All cell phones are to be put away during a group intervention; ours and those of the people we serve.) Otherwise, there is chance someone would think the intervention is being recorded. Even the thought of that happening inhibits participation by the group.

If we need to use an intervention card to help us walk through an intervention process, make sure it is the card and not the cell phone. It is very distracting for the group, and again, prompts the thought of potential recording, and can give the impression that we are not giving the group our undivided attention.

If you have misplaced your intervention cards, contact the office for new ones.

REGIONAL NEWS

• **Response Stats – Feb. 1 – Feb. 29, 2016**

Region 5: Incidents: 1	Response Services: 3
Region 8: Incidents: 1	Response Services: 3
Region 11: Incidents: 1	Response Services: 3

Continued means responses were done for incidents that took place in the prior month.
Response services include one-on-ones, group interventions and consultations.



QUARTERLY REGIONAL TEAM TRAINING

Reg. 01	7/28/2016	6:00pm cst	Four Rivers Behavioral Health, 1539 Cuba Rd Mayfield KY 42066
Reg. 01	10/27/2016	6:00pm cst	Four Rivers Behavioral Health, 1539 Cuba Rd Mayfield KY 42066
Reg. 02	9/8/2016	5:30pm cst	TBD
Reg. 03	3/18/2016	5:00pm cst	Warren County Board of Education, 303 Lovers Lane, Bowling Green, KY
Reg. 03	8/19/2016	6 pm cst	Bowling Green, KY 42101
Reg. 03	11/18/2016	6 pm cst	Bowling Green, KY 42101
Reg. 04	8/26/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 04	12/2/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 05	3/21/2016	6:00pm	Nelson Co. Sheriff's Office, 210 Plaza Drive Bardstown, KY 40004
Reg. 05	9/19/2016	6:00pm	Hardin Co. EMS, 1450 Rineyville Road, Elizabethtown, KY
Reg. 05	11/21/2016	6:00pm	Nelson Co. Sheriff's Office, 210 Plaza Drive Bardstown, KY 40004
Reg. 06	8/11/2016	6:30pm	LMPD Training Academy, 2911 Taylor Blvd, 2nd Floor (Classroom B), Louisville, KY 40208
Reg. 06	TBA	6:30pm	MFPD1, 108 Urton Lane, Louisville, 40229
Reg. 07	8/16/2016	6:00pm	Cathie's, Edgewood, KY 41017
Reg. 07	11/15/2016	6:00pm	Cathie's, Edgewood, KY 41017
Reg. 08	7/12/2016	6:00pm	Morehead Fire Dept . Station 2, 3175 Flemingsburg Rd., Morehead, KY 40351
Reg. 08	10/11/2016	6:00pm	Morehead Fire Dept. Station 2 3175 Flemingsburg Rd., Morehead, KY 40351
Reg. 09	9/12/2016	1:00pm	Prestonsburg, KY
Reg. 09	12/12/2016	1:00pm	Prestonsburg, KY
Reg. 10	8/26/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 10	12/2/2016	5:30pm	Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 11	7/14/2016	6:00pm	Lex. Fire Training Center, 1375 Old Frankfort Pike Lexington
Reg. 11	10/13/2016	6:00pm	Lex. Fire Training Center, 1375 Old Frankfort Pike Lexington
Reg. 12	8/8/2016	6:00pm	KCCRB, 111 St. James Ct., Suite B, Frankfort, KY
Reg. 12	11/14/2016	6:00pm	KCCRB, 111 St. James Ct., Suite B, Frankfort, KY

All Regions: May 20-21, 2016 for the 2016 KCCRT Conference - Frankfort

If you cannot get to your regional training, it is highly recommended you try to attend an adjacent region's training if at all possible. The training materials are the same for all regions.

NEW & RENEWING TEAM MEMBERS

- **WELCOME NEW TEAM MEMBERS:**

- Wayne Herner (Region 6, Level 2, Behavioral Health, Corrections)
- David Floyd (Region 8, Level 1, Corrections, EMT, Military)
- Dwayne Hall (Region 8, Level 1, Corrections, EMT, Military)

- **THANK YOU to our latest RENEWING TEAM MEMBER:**

- Teddy Laun (Region 6, Level 5, Law Enforcement)

- **18 Applications are currently in progress:** Region 1: 3, Region 2: 2, Region 3: 2, Region 4:1, Region 6: 4, Region 7: 1, Region 8: 1, Region 10: 1, Region 11:2.

- **We are always recruiting for new members.** Please contact Jocelyn Baldor to refer any friends or co-workers to the team.

TRAINING SCHEDULE

CRISIS INTERVENTION TRAINING

March 17	Psychological First Aid-II	Bowling Green
April 14	Psychological First Aid-II	Shepherdsville
Apr. 19-20	Assisting Individuals in Crisis	Lexington Lex. 1 st Responders & KCCRT
April 26	Psychological First Aid-II	Harrodsburg

Group and Individual Crisis Intervention Courses are required for Level 2.

If you took either of these classes prior to 2010, we recommend you take a refresher.

Courses are being scheduled now.

[Check the Training Calendar for Complete List!](#)

Links for all online courses at [KCCRB Online Training](#)

Check the [Team Levels and Training Matrix](#) for training clarification.

PREPAREDNESS TIPS & RESOURCES

[Recommended Earthquake Safety Actions](#) (Updated)

[Resources for K-12 – Good Stuff!](#)

[Seven Steps to Earthquake Safety for Home and Family](#)

KCCRT LINKS

[KCCRB Email](#)

[KCCRB WEBSITE](#)

[KCCRB Ongoing Education](#)

[Response Availability Page](#)

[Training Calendar](#)

HELPFUL LINKS

[Kentucky Re-Entry Directory](#)

[Be Prepared: Build a Kit](#)

[Accessible Emergency Info](#)

[Sign Language](#)

[Google Translate - Desktop](#)

STAY CONNECTED LINKS

[FACEBOOK](#) (for team members only)

[KHELPS](#)

TEXT MESSAGE (Important Info Blasts) Text 40404 with message "Follow KCCRT1"

[TWITTER](#) (Important Info Blasts)

[YouTube Recommended Videos](#)

THERE'S AN APP!

[PFA MOBILE](#)

[SAMHSA BEHAVIORAL HEALTH RESPONSE DISASTER APP](#)

[Google Translate – Play Store](#)

[iTranslate](#) for Apple – available free iTunes

[SayHi Translate](#) for Apple

<https://itunes.apple.com/us/app/sayhi-translate/id437818260>

Tabletop: <https://appsto.re/us/oo4wl.i>

KCCRT Connection [Editors](#)
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502.607.5781

Did you miss the previous issues? Visit <http://kccrb.ky.gov/about/newsletters/>