



KCCRT CONNECTION

September – October 2015

IMPORTANT UPDATES

- **Attend Quarterly Team Training!** If you are not attending Quarterly Team Training, you are missing important updates, training, and the opportunity to be part of a cohesive team that can work together because they have trained together. Your team needs you! See the schedule below.
- **Access KHELPS to add new contact info if it has changed:** <https://kentuckyhelps.com/>
- **Be sure to notify the Team Coordinator of any changes.**

NEWS FROM KCCRB

- **NEW SECTION: THE ART OF RESPONDING** contains **must know info** for all team members. Make it a practice to review this section in each newsletter.
- **Peer, Group and PFA courses scheduled.** See <http://www.kccrb.ky.gov/train/>
- **SAVE THE DATE: May 20-21, 2016** for the KCCRT Conference! Watch for more Info!

THE ART OF RESPONDING

- **KNOW THE INTERVENTIONS - FOLLOW INTERVENTION PROTOCOL**
 - The crisis intervention techniques we utilize are taught all over the world and are standards in crisis intervention. It is critical all team members know and provide the interventions as instructed. KCCRT Members can be requested to respond in another region to provide mutual aid. This can only work when all team members use the same interventions and follow the same protocol. While team members may personalize the content of the interventions, the process should not change.
- **STORYTELLING IS NOT CRISIS INTERVENTION**
 - Sometimes it is difficult to refrain from the urge to share "our story" of how we experienced the same thing as the person we are trying to help. **Refrain we must!** When we begin telling a similar story or stories we've discounted what they are going through and the intervention is set on a course for failure. Why? Because the intervention is now about us and not about them. Remember the reason you are there.
 - If you are telling your story and doing all the talking then who is being served in the intervention?
 - Save your storytelling for when you are shooting the breeze with friends and colleagues; not with the person counting on you to help them get through their own experience. The only person who should be telling a story in crisis intervention is the person in crisis!

TRAINING INFO

Group and Individual Crisis Intervention Courses are required for Level 2.

If you took either of these classes prior to 2010, we recommend you take a refresher.

Nov. 13, 2015
Dec. 1-3, 2015
January 2016

PFA-II
Individual & Group Combo
Assisting Individuals in Crisis

Frankfort
Louisville
Lexington

[Check the Training Calendar for Complete List!](#)

Check the [Team Levels and Training Matrix](#) for training clarification.

Links for all online courses at: <http://kccrb.ky.gov/team/TeamMemberOngoingEducation.htm>

QUARTERLY REGIONAL TEAM TRAINING

- Reg. 1 10/22/15 6 pm cst - Four Rivers Behavioral Health, 1539 Cuba Rd Mayfield KY 42066
Reg. 3 11/19/15 6 pm cst - The Alive Center 1818 Us 31W Bypass, Bowling Green, KY 42101
Reg. 4 12/4/15 5:30 pm - Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 5 TBD 6:00pm - 210 Plaza Dr., Bardstown, KY
Reg. 6 11/10/15 6:30pm - LMPD Training Academy, 2911 Taylor Blvd, 2nd Floor (Classroom B), Louisville, KY 40208
Reg. 7 11/16/15 6:30pm - Boone Co Water Rescue Sta 1, 7512 Eastbend Rd., Burlington, KY 41005 (Food Provided)
Reg. 8 11/10/15 6:00pm - Morehead Fire Dept., 135 Flemingsburg Rd, Morehead, KY 40351
Reg. 9 12/8/15 6:00pm - St. James Episcopal Church, 562 University Dr., Prestonsburg, KY 41653
Reg. 10 12/4/15 5:30 pm - Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY
Reg. 11 1/14/16 6:00pm - Lex. Fire Training Center, 1375 Old Frankfort Pike Lexington
Reg. 12 11/9/15 6:00pm - KCCRB, 111 St. James Ct., Suite B, Frankfort, KY

All Regions: May 20-21, 2016 for the 2016 KCCRT Conference - Frankfort

If you cannot get to your regional training, you may go to an adjacent region's training.

REGIONAL NEWS

- **Response Stats – Aug. 1 – Sept. 30, 2015**

Region 1: Incidents: 8 Response Services: 22
Region 2: Incidents: 1 Response Services: 5
Region 6: Incidents: 1 Response Services: 3
Region 7: Incidents: 3 Response Services: 8
Region 8: Incidents: 2 Response Services: 6
Region 9: Incidents: 1 Response Services: 2
Region 10: Incidents: 1 Response Services: 3
Region 11: Incidents: 1 Response Services: 2



Response services include one-on-ones, group interventions and consultations.

TEAM MEMBER INFO

- **WELCOME NEW TEAM MEMBERS!**

- Jesse Perry (Region 8, Level 1, Faith Based)
- Tracy Jevning (Region 5, Level 2, Paramedic)
- Robert Klinglesmith (Region 5, Level 2, Paramedic)
- Stephen Stapleton (Region 5, Level 2, Paramedic)
- Nicolle Webber (Region 5, Level 2, Paramedic)
- Amanda Hirst (Region 9, Level 1, Corrections)
- Stephanie McClain (Region 5, Level 2, Paramedic)

- **THANK YOU to our latest renewing team members:**

- Mary Riley (Region 11, Level 2, Medical, EMT)
- Charles Webb (Region 3, Level 1, Behavioral Health)

- **14 Applications are currently in progress:** Region 1: 1, Region 2: 4, Region 3: 1, Region 4: 1, Region 6: 3, Region 7: 1, Region 8: 2, Region 11: 1.

- **We are always recruiting for new members.** Please contact Jocelyn Baldor to refer any friends or co-workers to the team.
-

PREPAREDNESS TIPS & RESOURCES

October is the month we take time to refresh our preparedness and readiness to survive an earthquake. Below are tips and resources you might find helpful.

KCCRB is registered as a team. If your organization or family wish to register, here is the link:
<http://www.shakeout.org/>

[Recommended Earthquake Safety Actions \(Updated\)](#)
[Resources for K-12 – Good Stuff!](#)
[Seven Steps to Earthquake Safety for Home and Family](#)

KCCRT LINKS

[KCCRB Email](#)
[KCCRB WEBSITE](#)
[KCCRB Ongoing Education](#)
[Response Availability Page](#)
[Training Calendar](#)

HELPFUL LINKS

[Kentucky Re-Entry Directory](#)
[Be Prepared: Build a Kit](#)
[Accessible Emergency Info](#)
[Sign Language](#)
[Google Translate - Desktop](#)

STAY CONNECTED LINKS

[FACEBOOK \(for team members only\)](#)
[KHELPS](#)
TEXT MESSAGE (Important Info Blasts) Text 40404 with message "Follow KCCRT1"
[TWITTER \(Important Info Blasts\)](#)
[YouTube Recommended Videos](#)

THERE'S AN APP!

[PFA MOBILE](#)
[SAMHSA BEHAVIORAL HEALTH RESPONSE DISASTER APP](#)
[Google Translate – Play Store](#)
[iTranslate](#) for Apple – available free iTunes
[SayHi Translate](#) for Apple
<https://itunes.apple.com/us/app/sayhi-translate/id437818260>
Tabletop: <https://appsto.re/us/oo4wl.i>

KCCRT Connection

Editors

Kentucky Community Crisis Response Board
111 St. James Ct., Suite B, Frankfort, KY 40601
502.607.5781

Newsletter Past Issues: <http://kccrb.ky.gov/about/newsletters/>