



# KCCRT Newsletter

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## Staff Changes

## Message from the Director

### Saying Hello and Goodbye

Please help me welcome two new members of the staff: Wayne Mullannix and Kelli Robinson.

**Wayne Mullannix is the new Preparedness Planning Coordinator** for KCCRB. He comes to KCCRB from Kentucky Emergency Management, after several years with the Kentucky Fire Commission as Compliance Officer. Wayne retired from IBM/Lexmark after 30 years service. He has been a Firefighter/Level III Instructor for 48 years and Hazmat Instructor for 25 years. Wayne is a licensed pilot, fixed wing multi engine and rotor craft; an avid fisherman; and an Extra Class Ham Radio operator (Call sign is AA4WM) and Ham Radio Examiner. Wayne and Jan have 5 Children, 8 Grandchildren, 1 Great Great-Granddaughter and 1 due in May. Their home is in Georgetown.

**Kelli Robinson is the new Deputy Executive Director** for KCCRB. She has worked extensively in the Mental Health field for over 20 years. Kelli has been the Director of Psychiatric Residential Treatment for two Psychiatric Residential Treatment Facilities for boys aged 6-12 and for a Crisis Stabilization Unit Program, Clinical Director for Psychiatric Residential Treatment Facility for girls aged 12-18, Director of Therapeutic Foster Care Program, Executive Director for Developmental and Intellectual Disabilities Program, worked with Children, Adolescents, Adults, KY Licensed Marriage and Family Therapist, Juvenile Sex Offender Certified Counselor, Certified to Conduct Assessments and make Treatment Recommendations for Children with Sexual Behavior Problems, worked with Federal and State Prisoners both male and female in Halfway Houses and came to KCCRB from the Department of Behavioral Health, Developmental and Intellectual Disabilities where she was the Branch Manager for Adult Behavioral Health. Kelli is a Kentucky native and an avid UK fan. She has two dogs and two cats, loves swimming, boating, playing Rock Band, reading, and plays four instruments.

**Kyra Vermillion** left KCCRB on March 15 for a merit position with the Department of Education as an Administrative Specialist III. This is a wonderful opportunity for Kyra. She has a lot of great skills and they will be lucky to have her on their staff. We will miss Kyra and wish her the very best.

**Deborah M. Arnold**  
Executive Director

## Staff Support

### Deborah M. Arnold

#### – Executive Director

- Response authorization and guidance
- Assistance when needed

### M. Kelli Robinson

#### – Deputy Director

- Response authorization and guidance
- Assistance when needed

### C.J. Wright

#### – Team & Training Program Coordinator

- Response authorization & guidance
- Assistance when needed
- Training
- Team Meeting Coordination
- Team oversight

### Wayne Mullannix

#### – Preparedness Planning Coordinator

- Integrate Behavioral Health annex into State Emergency Op Plan
- Incorporate and train to include this plan in county and regional plans
- Annual review and revision of ESF 6 & ESF 8 Emergency Op. plans

### Tammy Napier

#### – Administrative Specialist II

- New membership applications
- Travel reimbursements

Kentucky Community Crisis Response Board  
 100 Airport Road, 3<sup>rd</sup> Floor  
 Frankfort, KY 40601  
 502.607.5781  
 502.607.5780 Fax  
 888.522.7228 24-hour Response Line  
<http://kccrb.ky.gov>  
[kccrb@ky.ngb.army.mil](mailto:kccrb@ky.ngb.army.mil)



## Responses to Date

Responses to Date figures reflect the number of persons served by KCCRT in the current fiscal year and agency totals since inception.

**Fiscal Year 2012 (July 1, 2011 to Mar. 23, 2012)**

**Regular Responses: 717**

**March 2 Storms: 3,559**

**Agency Totals since April 1, 1997**

**49,317**

**Responses for FY2012 to date include services to:**

515	Fire/EMS
109	Law Enforcement
1256	School
39	Medical
2284	Community
24	Business/Industry
8	Emergency Management
24	Family support
17	Social Services

## Storms Like No Others . . .

On March 2, 2012 several Kentucky communities were hit by massive tornadoes and damaging winds. 24 Kentuckians lost their lives.

KCCRB was activated at 5pm that Friday, and continues to provide services to the impacted communities. 78 Team members provided availability dates and times. That information was matched to deployment needs. To date, 50 Team Members have been deployed, along with 5 Pathways Behavioral Health Center Staff and 2 KCCRB Staff. For the team members who have not been deployed yet, we thank you for standing ready.

On March 3-4 KCCRB deployed Assessment Teams to identify the need for psychological first aid, and to provide initial services. This disaster was the first time KCCRB received requests for first responder peer support on day one that continues. Usually in a disaster, KCCRB will deploy behavioral health and disaster outreach team members. In this case, virtually every deployed team was a mix of behavioral health, first responders and disaster outreach members.

KCCRB submitted the FEMA Immediate Service Disaster Crisis Intervention Grant Application on March 20 and received approval on March 23 so these communities can continue to be supported as they work to recover.

## Regional Leadership

### Region 1

**RTC: Hank Cecil, Debra Hartz;**

**Log: Tom Ballowe**

*Ballard, Carlisle, Hickman, Fulton, McCracken, Graves, Marshall, Calloway*

### Region 2

**RTC: Tim Davis, Pam Gabbard**

*Livingston, Crittenden, Lyon, Caldwell, Trigg, Hopkins, Christian, Muhlenberg, Todd*

### Region 3

**RTC: Paula McCaghren, Kay Evans;**

**Log: Jim McDaniel**

*Union, Henderson, Webster, Daviess, McLean, Hancock, Ohio*

### Region 4

**RTC: Robbie Simpson & Wayne Hensley;**

**Log: David Shepherd**

*Butler, Logan, Warren, Simpson, Edmonson, Allen, Hart, Barren, Metcalfe, Monroe*

### Region 5

**RTC: Karl Lusk, Renelle Stallings;**

**Log: Woody Will**

*Meade, Breckinridge, Grayson, Hardin, Larue, Nelson, Washington, Marion, Taylor, Green*

### Region 6

**RTC: Pam Fleitz, Mike Dossett, Mike Huff;**

**Log: Lee Twombly**

*Jefferson, Bullitt, Trimble, Oldham, Henry, Shelby, Spencer, Anderson*

### Region 7

**RTC: Cathie Stapleton & Todd Schulkers;**

**Log: Fr. Charles Tucker**

*Carroll, Gallatin, Boone, Kenton, Campbell, Owen, Grant Pendleton, Scott*

### Region 8

**RTC: David Eldridge**

*Bracken, Robertson, Mason, Fleming, Bath, Montgomery, Menifee, Lewis, Rowan, Morgan*

### Region 9

**RTC: Rebecca Bauder, Tom Adams, Bob Kerr;**

**Log: Tracy McLean**

*Greenup, Carter, Boyd, Elliott, Lawrence, Johnson, Martin, Magoffin, Floyd, Pike*

### Region 10

*Lee, Wolfe, Breathitt, Owsley, Perry, Knott, Leslie, Harlan, Letcher*

### Region 11

**RTC: Rita Miracle, Mike Osborne**

**Log: Jodi Carroll**

*Rockcastle, Jackson, Laurel, Clay, McCreary, Whitley, Knox, Bell*

### Region 12

**RTC: David Hawk**

*Mercer, Boyle, Casey, Lincoln, Adair, Russell, Pulaski, Cumberland, Clinton, Wayne*

### Region 13

**RTC: Connie Adams, Gary Santana;**

**Log: Jerry Powell**

*Woodford, Fayette, Jessamine, Garrard, Harrison, Bourbon, Nicholas, Clark, Madison, Estill, Powell*

### Region 14

*Franklin*



*The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.*

-- DeAnn Hollis

## Team Profile - Region 5

Region 5 Coordinators are Karl Lusk and Renelle Stallings. Woody Will is the Logistics Officer. Team Members include: Doug Alexander, Tonya Breckons, Tina Creason, Ronnie Dooley, Stephanie Elmore, Mary Jo Kruer, Sandra McClain, Tom Mobley, Lois Pile, Kathy Pile, Danny Pippin, Marlene Pippin, Pam Puckett-Hulsey, Amy Risley, Jerry Shacklett, Mo Shams, Michelle Tucker, and Larry "Fella" Wilson.

Region 5 is a fairly active region and has a lot of experience in first responder, school and industry deployments. They have also been a significant presence when other regions were short of team members and needed assistance. **We salute you, Region 5, for standing ready!**



The Second Annual KCCRT Coordinators & Logistics Training was held February 10 and 11 at Lake Cumberland State Resort Park.

Friday included a refresher on the responsibilities for Coordinators and Logistic Officers and reminders about Team member's renewal information. Members present broke into groups and discussed the following Challenges:

Challenge # 1:

How do we achieve 50 % Team attendance at the 3<sup>rd</sup> Annual Team Training? Attendance in 2010 – 33 %, Attendance in 2011 – 30 %

Challenge # 2:

How do we achieve 50 % Team attendance at quarterly Team meetings?

Challenge # 3:

Identify necessary/desired changes in KCCRB –

Areas can include: Operations, Protocols, Resources, Communication, Personnel Issues, etc.

Each Challenge also included a discussion on barriers, challenges, areas of improvement, and strategies.

On Saturday, Executive Director Deborah Arnold conducted a Train the Trainer for Coordinators and Logistics Officers on the new KCCRB Training: "Protecting Our First Responders." This training is currently only for our First Responders who are Fire Fighters. Coordinator Woody Will co-wrote the training and provided invaluable insight for the training material.

After the evening meal, Team members met back together for an evening of challenging "Minute to Win-it" games, and also a time to network and relax.

## Disaster Course Upgraded: Introducing PFA I & II

The Psychological Impact of Disasters & Catastrophic Events (PIDCE) Course has changed to Psychological First Aid I & II (PFA-I & PFA-II). Since 2003, PIDCE has evolved from a two-day classroom course to part online and a one-day classroom portion. This year, the course makes another significant change.

**PFA-I:** "PFA online includes a 6-hour interactive course that puts the participant in the role of a provider in a post-disaster scene. This professionally narrated course is for individuals new to disaster response who want to learn the core goals of PFA, as well as for seasoned practitioners who want a review. It features innovative activities, video demonstrations, and mentor tips from the nation's trauma experts and survivors. PFA online also offers a Learning Community where participants can share about experiences using PFA in the field, receive guidance during times of disaster, and obtain additional resources and training. This project was funded by SAMHSA, NCPTSD, NACCHO, and HHS Office of the Surgeon General, Office of the Civilian Volunteer Medical Reserve Corps.

**CEU:** 6.0 AMA PRA Category 1 Credits™, MA Certification in Continuing Medical Education, 6 CE credits available through the National Association of Social Workers, American Psychological Association, California Board of Behavioral Sciences, and the Board of Registered Nursing." See training matrix for full information.

**PFA-II:** "Participants will be able to define Kentucky's Disaster Behavioral Health Statewide Response System of credentialed professional volunteers ready to respond following catastrophic events and possible medical/public health surge that follows; become familiar with disaster behavioral health volunteer's roles and responsibilities; and will gain knowledge and understanding of the National Incident Management System (NIMS), incident command structure and Emergency Support Function ESF-8, public health and medical asset provisions.

Participants will receive an overview of Disaster Behavioral Health triage and Psychological First Aid application in the field during and following a catastrophic event and will learn the SAFE -R model of providing crisis intervention. Participants will be evaluated on the disaster behavioral health core competencies and their proficiency in the delivery of crisis counseling services. Participants will gain knowledge of resiliency, peer-care and self-care during and following response to a catastrophic event.

PFA-I is available online now. PFA-II will be scheduled across Kentucky soon.

## Survey Says . . .

*From the folks you serve!*

### Response from Fire/EMS Services

- Thanks for all you do for the state!
- The team was very helpful.
- Initial callback slow. Timely services provided.
- Great bunch of folks. Don't know if it could get any better!
- Awesome Timing. Helped a lot.
- This service increases the quality of life for our firefighters. Thank you!
- The team did a great job. It's a comfort to know you provide the services that you do.
- Thank you for assisting our employees through a difficult time.
- Excellent quality of services.
- The member that followed up the next couple of days was great!

### Response from Law Enforcement

- This was a big help for the entire police department.
- KCCRT responded extremely quickly. The services provided were excellent, and they continue to follow up with our agency. This is a wonderful program and I would encourage my community to utilize the service. Thank you.
- Very impressed by the quick response to our county. KCCRT members were concerned, courteous and took as much time as needed.

### Response from Schools

- Team very helpful.
- KCCRT responded on very short notice. Their presence and the grief dogs were invaluable.
- Team was great.
- The team was onsite the next morning providing staff with support and direction for when students returned.

### Response from Social Services

- Absolutely wonderful & professional individuals. Services were excellent.

## New Course for First Responders



KCCRB now offers "Protecting Our First Responders," a free 2.5 hour training developed by Deborah Arnold and Woody Will.

This course is designed to be a pre-incident training course for emergency service personnel. Originally developed for Fire and EMS, the training is being expanded for Law Enforcement as well.

In the aftermath of a critical incident, whether man-made or natural, stress reactions are the normal response of a healthy person to an abnormal situation.

Emergency service personnel responding to critical incidents or disasters will see and experience events that may include witnessing or experiencing tragedy, death, serious injuries and performing their duties in threatening situations. These critical events have the potential to strain their usual coping skills. The physical and psychological well-being of those experiencing this stress, as well as their future ability to function through a prolonged response, will depend upon how they manage this stress. Pre-incident training will help prepare individuals to cope with critical incidents and the reactions that they may experience. A key component to reducing employee turnover is pre-incident training. Pre-incident training will help prepare individuals to cope with critical incidents and the reactions that they may experience.

### Included in this training:

- Module 1: The Stress Response
- Module 2: Five Components of Human Reactions
- Module 3: Health During an Event
- Module 4: Resiliency
- Module 5: Stress Management Techniques

This training can be requested by command for any first responder department in the state. It is also possible to present it within a 3-hour training night. Contact KCCRB for more information.

502-607-5781  
[kccrb@ky.ngb.army.mil](mailto:kccrb@ky.ngb.army.mil)



## Ongoing Education Online

Team members may take some free online courses to hone knowledge and gain ongoing education hours. These courses are available through [ky.train.org](http://www.ky.train.org) and certificates and transcripts are kept on the site. Register on the site and search for courses by course ID number. **Here are some options:**

<http://www.ky.train.org>

KCCRT- Disaster Behavioral Health Outreach Personnel: KHELPS Orientation Module - 1010023

Psychological Resiliency - Building Personal Resilience and Self-Reliance - 1010943

Psychological First Aid: Building Resiliency for "Us" and "Them" - 1017721

Crisis Preparedness Planning for School Administrators - 1020397

**Several classes are available through EMI, including the most up to date NIMS and ICS courses.**

<http://www.training.fema.gov/IS/NIMS.asp>

## Other Sources

Other sources of ongoing training include: KCCRB courses, KCCRT Regional Team meetings and continuing educational units offered by recognized national/ Kentucky CEU providers in the following core competency areas:

- Crisis Intervention /Psychological First Aids
- Effects of Traumatic Stress/PTSD
- Family/Significant Other Support
- Field Assessment
- NIMS-Incident Command
- Disaster Mental Health
- All Hazards Field Manual
- Pastoral Crisis Intervention
- Suicide Prevention/Intervention
- Secondary Traumatization
- Stress Management
- Terrorism/bioterrorism
- Conducting KCCRT Sponsored Training
- KCCRT Team Meetings
- Other content subject to approval by the Board

## Upcoming Training & Events

Mark your calendars now for these events!

### 2012 SCHEDULED COURSES

April 24-25	Pastoral Crisis Intervention II	Somerset
May	Group Crisis Intervention	Erlanger area
September	Psychological First Aid II	Louisville

Check for Schedule Updates at: <http://kccrb.ky.gov/train/>

### TEAM MEETINGS

- 4/9/2012 Region 13 & 14 - 6:00pm (EST) - Lexington Fire Training Center, 1375 Old Frankfort Pike, Lexington 40504
- 4/26/2012 Region 1 - 6:00pm (CST) - 1539 Cuba Rd Mayfield KY 42066
- 6/18/2012 Region 5 - 6:30 PM (EST), E-town Fire Station #1, 380 Ring Rd., E-Town 42701
- 7/9/2012 Region 13 & 14 - 6:00pm (EST) - Lexington Fire Training Center, 1375 Old Frankfort Pike, Lexington 40504
- 7/26/2012 Region 1 - 6:00pm (CST) - 1539 Cuba Rd Mayfield KY 42066
- 9/17/2012 Region 5 - 6:30 PM (EST), E-town Fire Station #1, 380 Ring Rd., E-Town 42701
- 10/8/2012 Region 13 & 14 - 6:00pm (EST) - Lexington Fire Training Center, 1375 Old Frankfort Pike, Lexington 40504
- 10/25/2012 Region 1 - 6:00pm (CST) - 1539 Cuba Rd Mayfield KY 42066

### BOARD MEETING

**3<sup>rd</sup> Quarterly Board Meeting: April 11**

**4<sup>th</sup> Quarterly Board Meeting: July 11**

- 11:30 am Training Committee
- 11:30 am Membership Committee
- 11:30 am Public Awareness Committee
- 12:30 pm Executive Admin. Committee
- 1:30 pm Board Meeting

#### Location

KCCRB  
100 Airport Rd. 3<sup>rd</sup> floor  
Frankfort, KY 40601

### LINKS

**Know how to find helpful information!**

**KCCRB:** <http://kccrb.ky.gov>

**KHELPS Volunteer Sign-In:** <https://khelps.chfs.ky.gov/VolunteerMobilizer/login.aspx>

**KY Emergency Mgt. Area Offices:** <http://kyem.ky.gov/about/areaoffices.htm>

**Kentucky Train.org site:** <http://ky.train.org>

**Severe Weather Information:** <http://www.gwx.ca.uky.edu/emergency.html>

**Hands Only CPR:** <http://handsonlycpr.eisenberginc.com/>

**Flu Resources:** <http://flu.gov> and <http://healthalerts.ky.gov>